

Upper St. Clair Neighbors

SEPTEMBER 2017



*Step Forward with the
Amorose Family*



Best Version Media

Cover Photo by Matt Polk Photography

Step Forward with the Amorose Family

By Michelle Stocker



Retired business executive, Joseph Amorose and his loving wife, Grace Amorose enjoy life every day, believing that a strong and caring family is everything. Joe served in the United States Air Force from 1961-1965 and he and Grace married in April 1963, while still in the Air Force. The inspirational couple have been married for over fifty years. Joe is described as a kind, family oriented and compassionate person by the people closest to him. Eight years ago, Joe, a previously active man in his sixties, and his family knew something was wrong with his health. The anxiety of an undiagnosed health issue was difficult for Joe and his family after his doctor was unable to determine what was wrong. Eventually, he was diagnosed with Parkinson's disease. Joe never let his Parkinson's disease diagnosis get him down or prevent him from continuing to enjoy life and his supportive family.

Joe and Grace have two married adult children, a daughter Caito Amorose and a son, Jason. Caito, the events and performance manager for the Frick Museum in Pittsburgh, is married to Devin Corboy, a critical care nurse at Children's Hospital. She also designs jewelry and bridal accessories and Devin is a competitive cyclist. Their son, Jason Amorose is the owner of Employment Options, a vocational and rehabilitation service provider. His wife, Andrea, works as his administrative assistant and she is also a travel agent with Out of Here Travel. Jason and Andrea are parents to Joe and Grace's two young grandchildren, Anton, 9 and Angeline 7. Joe says, "I really



enjoy our two grandchildren who certainly keep me moving! I love spending time with them regularly, playing games, basketball and swimming with them as I am able.”

After attending the University of Pittsburgh and Robert Morris University, Joe started his very successful career in accounting, holding several key positions in the Pittsburgh area during his over fifty year business career. He was the controller for the now defunct local restaurant group, Red Bull Inns and was the manager of internal auditing for Abarta Inc. He also worked for both Guardian Protection Services and Kings Family Restaurants as the vice president of finance and chief financial officer for each firm. In 2006, at the age of 63, Joe decided to retire, but quickly went back to work as a part-time accounting and information technology consultant. After ten years of consulting, he completely retired in December 2016.

Although fully retired, Joe tries very hard to stay active and to keep moving, which is crucial to control his symptoms of Parkinson’s disease (PD). PD is a neurodegenerative brain disorder that affects body movement. Many people living with the disease often experience tremors, walking difficulty and issues regulating automatic movement. It has been shown that Parkinson’s patients who regularly exercise and stay active experience positive and impactful changes in balance, gait and overall quality of life.

Joe is involved with the Parkinson Foundation Western Pennsylvania (PFWPA) and attends the South Hills Parkinson Support Group in Upper St. Clair. Joe explains, “I became familiar with several programs that PFWPA offers. It was at the meetings that I heard about a Parkinson exercise program and I enrolled in the classes. The classes were great! I noticed an improvement in my movements and so did my family. Unfortunately, like any exercise program, it only works if you keep at it. I slacked off and noticed the difference. I realized that medications and exercise routines are important to keep me moving. Though PD presents differently to different people, the support group is a nice way to interact with others fighting the disease.”

The entire Amorose family supports Joe’s efforts and takes part in the PFWPA’s Step Forward Pittsburgh each year. After his diagnosis, his family immediately began educating themselves more about the disease when Joe’s daughter discovered the Step Forward Walk to Fight Parkinson’s. The Amoroses have participated in the walk since then and have raised thousands of dollars in hopes of not only helping Joe, but others living with PD in the area.

The Parkinson’s Foundation Western PA Step Forward is an outstanding charitable event to help raise awareness and monies to help fight Parkinson’s disease. This is the seventh year that the Amorose family and their gracious friends will walk as an

>>> *Continued on page 6*



enthusiastic team that they have proudly named, The A-Team. This year it will be held on Saturday, September 30th at the Highland Park Reservoir. Participants walk the one and a half mile course through the park to raise funds to support the mission and programs of the PFWPA. Step Forward Pittsburgh 2017 also includes entertaining games, generous prizes, great music, refreshments and a fun day for the whole family.

“The first walk was a great feeling. It was encouraging to see all of the support and the amount of people there to raise money and awareness,” says Grace. “It’s important for our family and loved ones to support the walk because the Parkinson Foundation

Western Pennsylvania is making a difference. Whether it is their educational programs, exercise and support groups or their annual conference; these programs need to exist.

Finding ways to stay active comes easy to the Amorose family. Joe and Grace have always enjoyed travelling and still love to travel. Joe recalls, “Everyone in our family loves the ocean and beach and while our children were young, we spent many summer vacations at my wife’s parents’ beach house in Ventnor City, New Jersey. We still love the peace of the ocean and are fortunate to have enjoyed happy times with our son and his family on the North Carolina beaches and with our daughter and her husband in Mexico and Costa Rica.” To celebrate their fiftieth wedding anniversary, Joe and Grace ventured to Italy in April 2013. While in Rome, they renewed their wedding vows at the Santa Susanna Church, one of the oldest Christian sites in the world.

Grace’s advice for those living with PD, “Everyone’s disease looks different. Take one day at a time and some days are better than others.” Grace and Joe Amorose, their children and grandchildren are an inspiring, devoted and determined family. They couple say, “Family is everything. Be kind and thankful for your blessings and do your best to enjoy every day.” Meet Joe and his family at the Step Forward walk for a great day as he is honored for his consistent commitment to improving the lives of those living with Parkinson’s disease.

Packing? Moving?
The UPS Store has all the supplies you need.

- Cushioning
- Tape
- Fill
- Helpful suggestions
- Wardrobe Boxes
- Moving Kits
- Moving Boxes: Small, Medium, Large, Extra Large

The UPS Store

Collier Town Square 1597 Washington Pike Bridgeville, PA 15017 412.446.2777	Village Square 2400 Oxford Dr. Bethel Park, PA 15102 412.833.5714
--------------------------------------------------------------------------------------	----------------------------------------------------------------------------

Matt Polk Photography
 1006 Washington Ave.
 Carnegie, Pa. 15106

The New Look Of Senior Photography
 Return This Card For 24 Free Wallets

A name you can trust for rehabilitation and health care.

Post-Surgical, Short-Term Rehab

60 Highland Road
 Bethel Park, PA 15102
412.831.6050
 manorcare.com/BethelPark

ManorCare
 Bethel Park

© 2015 HCR, ManorCare

WANTED ACCOUNT EXECUTIVES

Considered one of the best places to work in North America, Best Version Media, is looking for Account Executives in microtargeted areas. BVM is one of the fastest growing Media companies in the U.S. and Canada.

Contact Eileen Bielich
 for more details. **Best Version Media**

FOR DETAILS CONTACT: Eileen Bielich
412-608-0489 | ebielich@bestversionmedia.com